

ELEMENTARY PE POLICY

Aug. 27, 2010

Dear Parents,

Welcome to Liberty Christian Elementary. It's hard to imagine that summer is quickly coming to an end and it's time for "back 2 school" shopping and getting the kids back in their routines! I want you to know how pleased and excited I am to see your child in my class this year! I look forward to seeing how God works in each child and develops them to become what they are designed for!! Health and fitness is great time to expel that energy that has been stored up in the classroom all day. My hope and prayer is that when each child comes into my classroom they feel welcome and safe to be the person their "creator" designed them to be and will enjoy getting a little exercise in the process.

Uniforms

There is no specific uniform for PE, but **tennis shoes** are required as per student handbook. Other forms of footwear cannot be worn during class. It is recommended that when the child knows he/she is participating in PE that day, they wear the appropriate clothing that would detour or not allow them to take part in the activity of the day. **Example:** wearing a dress/heels or slacks/boots on a day class will be playing soccer or running the mile.

During months of inclement weather or times that activities are held inside the gym, students must have a separate pair of **shoes** that are for **indoor use only!** Shoes worn outside cannot be worn on the gym floor.

Attendance and Participation

Physical education is a required by the state of Washington and students must participate unless there is some special reason or circumstance. If the student has a chronic medical condition which would exclude him or her from PE, a signed doctor's note must be placed on file at the school stating the condition and the duration of the exclusion from PE.

If your child has any special medical conditions, please inform and give the proper documentation to the office and teacher. This information needs to explain the condition, symptoms related to the condition and any restriction from participation (dates of restrictions from participation must be included). **Doctor's notes must be updated annually.**

A student with a temporary illness, such as a cold, may be excused from participation from PE for **one week** with a note signed by the parent or guardian. A doctor's note is required for any illness or injury requiring recovery time longer than a week. The note must state the nature of the condition and the length of time the student is to be excused from activity. A student excused from PE is expected to refrain from similar activities during recess.

Grading Policy

Students will be graded on the following: **participation!!** Participation is...attitude, sportsmanship and effort!! Each day the student can earn a maximum of 5 pts...10pts for the week. Those points come from showing up to class on time and participation for that day. Some parents may have concerns regarding athletic ability affecting the grade of their child. The goal of Liberty's **PE** program is the development of the whole child. Emphasis is placed on sportsmanship, attitude, following directions, and participation. The effort portion of the grade is how hard to student tries based on that student's God-given abilities. No child is compared to another. All students are expected to "earn" the grade they receive.

If you have any questions regarding the PE policy or you have any concerns regarding your child please feel free to contact me at school. 946-0602 or cholway@libertychristian.net

Blessings,

Chris Holway